

Positive Parenting Programme
Free Webinars on Zoom 



**For P5 & P6
Parents**



Gear Up for PSLE


using Triple P Strategies

14 May 2025, Wed, 7:00 PM – 9:30 PM

and

21 May 2025, Wed, 7:00 PM – 9:00 PM

Registration closes on 13 May 2025.

 Email fflc@lakeside.org.sg for more information.

REGISTER

Scan or click:

[go.gov.sg/](https://go.gov.sg/ifsgeakup2025i)

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Triple P Certified Speaker

Mr. Steven Tan
*Counsellor, Trainer,
Family Life
Educator*



Steven holds a Master of Social Science in Counselling from University of South Australia, and a Graduate Certificate in Parent Education Leadership Training (PELT) from Swinburne University, Australia. He has more than 20 years of experience as a Family Life Educator.

PSLE may bring about stress for both parents and children. It is crucial to maintain a positive relationship, mindset, and open communication during the PSLE preparation process.



By integrating positive parenting principles and strategies during PSLE preparation, parents can assist their children academically and nurture their holistic growth and well-being.

Cultivating Effective Communication

Setting Realistic Expectations

Creating a Balanced Routine

Building Resilience

Managing Stress

Celebrating Progress

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